

A.B Iron Man

All welcome to cheer on our lifeguards and local surfers as they charge the waves to raise money for LICADD- Long Island Council on Alcoholism and Drug Dependence. There will opportunities to purchase raffle tickets, cool merch and enjoy the sunshine.



Come down to Eldo beach to watch the athletic antics of some of our finest surfers and a few of our lifeguards too!!
There will be children's activities though out the day ! Raffles!! Merch tent with awesome hoodies and t-shirts! Cash/checks for hoodies & raffles!

saturday
september 14th
9AM
ELDO BEACH

The Iron Man Benefits
LICADD
Long Island Council on Alcoholism and Drug Dependence